

## Transcript

### Feeling more comfortable speaking English

#### Voiceover:

Learning English is a bit like learning to drive. You can study and study but you need to get out on the road to really learn it properly.

With a language, it's when you're out in the world communicating that all those years of study are put to the test.

Now this can be scary! Over-thinking grammar and pronunciation can stress you out, which can make your mind go blank so you become quieter, and we don't want that.

Getting comfortable with making mistakes is vital to becoming more fluent (and confident!) in any language. It helps you experiment and take risks.

Nobody is going to laugh at you, and you don't need to have a perfect accent either. So remember, it's OK to make mistakes, in fact, mistakes are great – that's how we learn!